



MINISTRY OF HEALTH
& MEDICAL SERVICES

PROTECT YOURSELF FROM LEPTOSPIROSIS



HOW TO PREVENT



No swimming or wading in water that might be contaminated with animal urine (especially after a heavy rainfall or flood).



Eliminate contact with potentially infected animals including your own pets.



Protective clothing or footwear should be worn by those exposed to contaminated water or soil.



Appropriate personal protective equipment to be worn by those who work in farms & abattoirs.



Properly cover food at all times to protect it from rodents (rats and mice).



Ensure your homes are free of rodents.



Children to avoid playing in muddy water or puddles.



Keep livestock away from your compound.

SIGNS AND SYMPTOMS

1



Fever
Headache

2



Redness of
the eyes

3



Muscle Pain

4



Abdominal pains
Vomiting
Nausea

