

5 secrets to safe sex



Protect yourself

Talk to your partner



Get tested

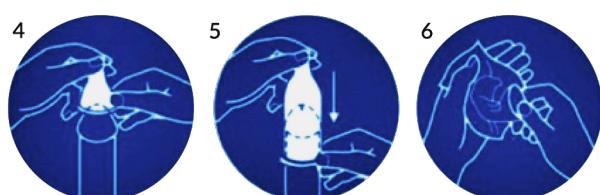


Plan pregnancy



Know your body

Male Condom Instructions



Female Condom Instructions



Want to know more?

Central/East

Our place (Youth friendly services)	3319078
Reproductive health clinic (Suva)	3319144
CWM Hospital	3813444
Korovou Hospital	3430044
Vuridawa Hospital	3435030
Kadavu Hospital	3620788
Navua Hospital	3460181
Levuka Hospital	3440088

West

Reproductive Health (Lautoka)	6640243
	6660411
Lautoka Hospital	6660399
Nadi Hospital	6701128
Ba Hospital	6674022
Sigatoka Hospital	6500455

North

Reproductive Health Clinic (Labasa)	8812522
Labasa Hospital	8811444
Wainikoro Health Centre	8832444
Nabouwalu Hospital	8836044
Savusavu Hospital	8850444
Taveuni Hospital	8880444

About Genital Warts, and protecting yourself



Did you know
that 1 in 4
people
have a Sexually
Transmitted
Infection?

What's your status?

About Genital Warts, and protecting yourself

WHAT IS IT?

Genital warts are caused by some types of the **Human Papilloma Virus (HPV)**. It is one of the most common STIs in Fiji.

AM I AT RISK?

Risk factors include:

1. Sex: with or without a condom.
2. Skin-to-skin contact, even when there no visible warts or symptoms.

Preventing an STI is easier than treating an STI.

HOW DO I KNOW I HAVE IT?

Physical exam for warts at your nearest health facility.

Get tested!

SYMPTOMS

- Small lumps on or around genitals, throat, or mouth.
- Lumps can be on the skin or inside of the body.
- Some lumps are itchy, others can take months to appear.

COMPLICATIONS

Untreated, Genital Warts can cause:

- Cervical cancer (2nd most common cancer in Fiji).
- Cancer in the throat.
- Cancer in the anus.

WHAT NOW?

TREATMENT

- Warts may disappear without treatment in a couple years.
- Visible warts can be treated with prescribed cream.*
- Your sexual partner(s) need to be tested.

*Treatment can remove physical warts, but it may take longer for the virus to leave the body.

PREVENTION

- Know your status and that of your partner.
- Use a condom from start to finish each time you have sex.

Get tested every
6 months.