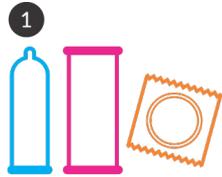


5 secrets to safe sex



1 Protect yourself



2 Talk to your partner



3 Get tested



4 Plan pregnancy

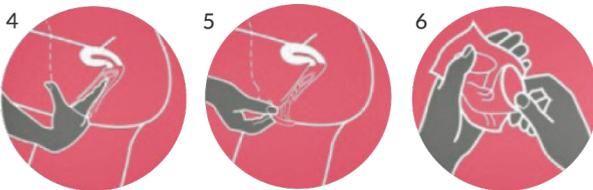


5 Know your body

Male Condom Instructions



Female Condom Instructions



Want to know more?

Central/East

Our place (Youth friendly services)	3319078
Reproductive health clinic (Suva)	3319144
CWM Hospital	3813444
Korovou Hospital	3430044
Vuridawa Hospital	3435030
Kadavu Hospital	3620788
Navua Hospital	3460181
Levuka Hospital	3440088

West

Reproductive Health (Lautoka)	6640243
	6660411
Lautoka Hospital	6660399
Nadi Hospital	6701128
Ba Hospital	6674022
Sigatoka Hospital	6500455

North

Reproductive Health Clinic (Labasa)	8812522
Labasa Hospital	8811444
Wainikoro Health Centre	8832444
Nabouwalu Hospital	8836044
Savusavu Hospital	8850444
Taveuni Hospital	8880444

About Syphilis, and protecting yourself



Did you know that 1 in 4 people have a Sexually Transmitted Infection?

What's your status?

About Syphilis, and protecting yourself

WHAT IS IT?

Syphilis is a bacterial infection that begins at the penis, vagina, throat, or anus. It travels into the blood stream and can cause major health problems in the entire body if not treated.

AM I AT RISK?

Risk factors include:

1. Unprotected sex: anal, oral, or vaginal
2. During delivery: through the birth canal from mother to baby
3. Skin-to-skin contact with infected area

Preventing an STI is easier than treating an STI.

HOW DO I KNOW I HAVE IT?

Blood test at your nearest health facility.

Get tested!

SYMPTOMS

- Painless sore in or around mouth, penis, vagina, or anus
- Rash on upper body, front of hands, or bottom of feet

*If these symptoms sound familiar, ask for a syphilis test!

COMPLICATIONS

Untreated, Syphilis can cause:

- Heart failure
- Heart disease
- Memory loss and personality change (dementia)
- Widespread sores in, or on, the body (ulcers)
- Blindness
- Brain damage

WHAT NOW?

TREATMENT

- Antibiotic tablets.
- Your sexual partner(s) need to be tested.
- Avoid sex until health worker informs you treatment was successful.
- Follow up test after 3 months to ensure you have not gotten the infection again.

PREVENTION

- Know your status and that of your partner.
- Avoid contact with any sores or rashes.
- Use a condom from start to finish each time you have sex.

Get tested every
6 months.